

# c o u n s e l i n g

## REFERRAL LIST

The names listed are counselors known as Christians with a desire to help people get healthy (emotionally and psychologically), while moving them toward spiritual growth. This list is merely informational. Nothing herein should be construed as any type of guarantee by Eastview as to the quality or success of services rendered.

As you inquire into options for therapy, here are some helpful tips or questions: Are they contracted with your insurance? If their fee is a hurdle, do they have a sliding scale (according to income) or payment options? Your wellness is important, so ask how/ if they can work with you.

### Group Practices

**Agape Counseling | 309-663-2229 | [www.agapecounselors.net](http://www.agapecounselors.net) | Bloomington**

- Hallie Harmon, LCPC – kids, abuse/neglect, EMDR, Theraplay
- Autumn Lloyd, LCPC – Eating disorders, dementia & caregivers, couples
- Lisa Montgomery, LCPC – domestic violence

**Breathe Counseling | 309-831-9558 | [www.journeytobreathe.com](http://www.journeytobreathe.com) | trauma counseling**

**The Compass Counselors | 309-261-6129 | [www.thecompasscounselors.com](http://www.thecompasscounselors.com)**

- Jennifer Belle, LPC – relationships, grief, depression/anxiety, adolescents
- Stephanie Brown, LCPC – trauma, children/families, parenting
- John Freshour, LCPC – men's issues, depression/anxiety
- Ken Martin, LPC – marriage, anxiety, men's issues
- Jenifer Nibbio, LCSW – women's issues, boundaries, trauma, abuse, divorce

**Heart to Heart Support Services, N.F.P | 309-808-0107 | [www.heart2heartsupport.org](http://www.heart2heartsupport.org) | accepts donation for services**

**Integrity Counseling | 309-827-9100 | income-based charge for services**

**Truth in Love Counseling | 309-585-0241 | [www.truthinlovecounseling.com](http://www.truthinlovecounseling.com)**

- Carrie Bussmann, LCPC – infidelity, healthy relationships/marriage
- Jay Cummins, LPC – trauma, EMDR, men's issues, mood, couples
- Kevin Crutcher, LCPC - Divorce Education, EAP, Individual, Family and Child Counseling
- Patti Ecker, LCPC – mood, EMDR, grief & loss
- Phil Foster, PhD – psychological evaluations, pastors
- Karen Herzel, LPC, MT-BC – music therapy, trauma/EMDR, relationship issues
- Keith Studnicki, LPC – marriage, EMDR, anxiety, grief/loss

## Private Practice Counselors/Individuals

- **Victoria Adams** | 309-760-6103 | Evergreen Coaching and Counseling
- **Alex Brucker, LCPC** | El Paso, IL | 815-905-1205 | alexbruckercc@gmail.com  
Specialties: Anxiety, Veterans, PTSD, trauma, EMDR
- **Christina Burchett, PhD** | 309-830-8099 | Hoffmann Burchett Psychological Services, LLC  
Specialties: cancer, chronic illness, eating disorders, depression, spiritual concerns
- **Rebecca Freeman, LSW** | 217-626-9975 | LSW www.thevillagecu.com  
Specialties: pregnancy and infant loss, parenting
- **Emily Gerber, LCPC** | 309-271-0562  
Specialties: women's issues, trauma, shame, spirituality, sexual abuse, anxiety, depression
- **Michelle Haase, LCSW** | 309-328-0650 | Simply Balanced Counseling  
Specialties: anxiety, coping skills, life transitions
- **Amy Hall, LCPC** | 309-826-7960  
Specialties: emotional abuse, young adults, women's issues
- **Genesis Hall, LCSW** | 773-797-9515  
Specialties: families/children, play therapy, trauma, EMDR
- **Jan Holmes, LCPC** | 309-660-2405 | www.janholmescounseling.com  
Specialties: shame, marriage, EMDR, general issues
- **Annette Larsen, LCPC, CSAT, CMAT** | larsenannette752@gmail.com  
Specialties: sex/love addiction, codependency, disordered eating, financial disorders, substance abuse
- **Karen Lee, LCPC, CSAT, CMAT** | 309-826-2593  
Specialties: sex/love addiction, codependency, financial disorders, substance abuse, EMDR
- **Tony Merritt, LCSW** | 217-356-9922 | Champion, Barrow, & Associates in Champaign, IL  
Note: does see clients at Moriah Foundation once a week in Bloomington
- **Dawn Zywiec, LCPC, RN** | 309-706-6445  
Specialties: adolescents, PTSD, sexual abuse recovery, eating disorders and health issues, EMDR
- **Wilma McLaughlin, LCPC** | 309-838-8634  
Specialties: parenting, theraplay, and grief
- **Heather Vagle, LCPC** | 309-886-5038 | www.heather-vagle.clientsecure.me  
Specialties: anxiety, trauma, grief, and relational conflict
- **Hannah Williams, AMFT** | www.williamspsychological.org | Williams Psychological Services

## Community Resources

- **The Baby Fold** | 309-454-1770 | adoption preservation counseling
- **Neville House Hotline** | 309-827-7070 | domestic abuse
- **Catalyst Ministries** | 309-200-8930 | help for women in human trafficking
- **Stepping Stones (YWCA)** | 309-662-0461 x272 | recovery from sexual assault
- **PATH Crisis Hotline** | 211
- **Crisis Team (CHS)** | 309-827-5351
- **ABC Counseling** | 309-451-9495 | specializes in sexual behavior and trauma in children
- **ABC Counseling** | 309-306-1714 | private adoptions

## Outside of Blooming/Normal

- **Nathan Krahn or Greg Skibinski, CSAT** | Agape, Morton | 309-263-5565
- **Alan Moreland, CSAT** | Life Balance Counseling in Peoria
- **Ryan & Courtney Stivers** | Summit Family Therapy
- **The Antioch Group** | Peoria | [www.antiochgroup.com](http://www.antiochgroup.com)

## Marriage/Trauma Intensives:

- **The National Institute of Marriage (NIM)** | [www.nationalmarriage.com/](http://www.nationalmarriage.com/)
- **The Smalley Institute** | [www.smalley.cc](http://www.smalley.cc)
- **Healing Within (Tonya Bassett's trauma intensives)** | [www.journeytobreathe.com](http://www.journeytobreathe.com)

## CERTIFICATIONS:

Licensed Professional Counselor (LPC)  
Licensed Clinical Professional Counselor (LCPC)  
Licensed Marriage Family Therapist (LMFT)  
Licensed Clinical Social Worker (LCSW)  
Certified Sex Addiction Therapist (CSAT)  
Certified Multiple Addiction Therapist (CMAT)  
Eye Movement Desensitization & Reprocessing (EMDR)  
Dialectical Behavior Therapy (DBT)  
National Association of Cognitive Behavioral Therapy (NACBT)  
Music Therapist – Board Certified (MT-BC)

