# c o u n s e l i n g REFERRAL LIST

The names listed are counselors known as Christians with a desire to help people get healthy (emotionally and psychologically), while moving them toward spiritual growth. This list is merely informational. Nothing herein should be construed as any type of guarantee by Eastview as to the quality or success of services rendered.

As you inquire into options for therapy, here are some helpful tips or questions: Are they contracted with your insurance? If their fee is a hurdle, do they have a sliding scale (according to income) or payment options? Your wellness is important, so ask how/ if they can work with you.

# **Group Practices**

### Agape Counseling | 309-663-2229 | www.agapecounselors.net | Bloomington

- Rick Allen, LCPC, NACBT addiction, caregivers of aging
- Hallie Harmon, LCPC kids, abuse/neglect, EMDR, Theraplay
- Crystal Hiser, LCPC, LMFT, CSAT, CMAT addiction, codependency
- Toya Johnson, LCSW Anger management, ADHD, body image, attachment
- Autumn Lloyd, LCPC Eating disorders, dementia & caregivers, couples
- Wilma McLaughlin, LCPC Mood & Anxiety, grief & loss, sexual abuse survivors, parenting
- Lisa Montgomery, LCPC domestic violence
- Lisa Novinska, LCPC EMDR, marriage, post-partum depression
- Michelle Rolley, LCPC marriage, parenting, autism, EMDR, PTSD

### The Compass Counselors | 309-261-6129 | www.thecompasscounselors.com

- Jennifer Belle, LPC relationships, grief, depression/anxiety, adolescents
- Stephanie Brown, LCPC trauma, children/families, parenting
- John Freshour, LCPC men's issues, depression/anxiety
- Ken Martin, LPC marriage, anxiety, men's issues
- Jenifer Nibbio, LCSW women's issues, boundaries, trauma, abuse, divorce

Heart to Heart Support Services, N.F.P | 309-808-0107 | www.heart2heartsupport.org | accepts donation for services

Integrity Counseling | 309-827-9100 | income-based charge for services

### Psychology Specialists | 309-706-3190 | www.psychologyspeicalists.com

- Phil Foster, PhD psychological evaluations, pastors
- Sara Cain, LCSW children/families, sexual abuse, EMDR, DBT
- Neil Jepson, PhD psychological assessment, trauma, stress, chronic pain

## Truth in Love Counseling | 309-585-0241 | www.truthinlovecounseling.com

- Carrie Bussmann, LCPC infidelity, healthy relationships/marriage
- Jay Cummins, LPC trauma, EMDR, men's issues, mood, couples
- Patti Ecker, LCPC mood, EMDR, grief & loss
- Karen Herzel, LPC, MT-BC music therapy, trauma/EMDR, relationship issues
- Keith Studnicki, LPC marriage, EMDR, anxiety, grief/loss

**Truth in Love Community** | 309-684-8066 | www.truthinlovecounseling.com/truth-in-love-community Free counseling for qualifying individuals and families

### **Private Practice Counselors**

- Tonya Bassett, LCSW, CADC, CTT | 309-831-9558 | www.TonyaLBassettCounseling.com
   Specialties: Trauma recovery, PTSD, depression, anxiety, marital, family, adolescent concerns, and more
- Alex Brucker, LCPC | El Paso, IL | 815-905-1205 | alexbruckercc@gmail.com
   Specialties: Anxiety, Veterans, PTSD, trauma, EMDR
- Christina Burchett, PhD | Hoffmann Burchett Psychological Services, LLC | 309-830-8099
   Specialties: Cancer, chronic illness, eating disorders, depression, spiritual concerns
- Kevin Crutcher, LCPC | Bethel Behavioral Health | 309-532-2014 | bbhcounseling@outlook.com
   Specialties: Divorce Education, EAP, Individual, Family and Child Counseling
- **Amy Hall, LCPC** | 309-826-7960 Specialties: emotional abuse, young adults, women's issues
- **Genesis Hall, LCSW** | 773-797-9515 Specialties: families/children, play therapy, trauma, EMDR
- **Jan Holmes, LCPC** | 309-660-2405 | www.janholmescounsleing.com Specialties: shame, marriage, EMDR, general issues
- Annette Larsen, LCPC, CSAT, CMAT | larsenannette752@gmail.com
   Specialties: sex/love addiction, codependency, disordered eating, financial disorders, substance abuse
- Karen Lee, LCPC, CSAT, CMAT | 309-826-2593
   Specialties: sex/love addiction, codependency, financial disorders, substance abuse, EMDR
- **Tony Merritt, LCSW** | 217-356-9922 | Campion, Barrow, & Associates in Champaign, IL Note: does see clients at Moriah Foundation once a week in Bloomington
- Dawn Zywiec, LCPC, RN | 309-706-6445
   Specialties: adolescents, PTSD, sexual abuse recovery, eating disorders and health issues, EMDR

# **Community Resources**

- The Baby Fold | 309-454-1770 | adoption preservation counseling
- The Able Center | 309-661-8046; info@theablecenter.com

  Dr Jennifer Imig Huffman neurological assessments for kids and consultation with schools (long waiting list)
- **Total Spectrum** 844-263-1613 (toll free)
  Applied Behavior Analysis (ABA) Services for families and children on the Autism Spectrum
- **Neville House Hotline** 309-827-7070 domestic abuse
- Catalyst Ministries | 309-200-8930 | help for women in human trafficking
- Stepping Stones (YWCA) | 662-0461 x272 | recovery from sexual assault
- PATH Crisis Hotline | 211
- Crisis Team (CHS) | 309-827-5351

# **Outside of Blooming/Normal**

- Nathan Krahn or Greg Skibinski, CSAT | Agape, Morton | 309-263-5565
- Alan Moreland, CSAT | Life Balance Counseling in Peoria
- Ryan & Courtney Stivers | Summit Family Therapy
- The Antioch Group | Peoria | www.antiochgroup.com

# **Marriage/Trauma Intensives:**

- The National Institute of Marriage (NIM) | www.nationalmarriage.com/
- The Smalley Institute | www.smalley.cc
- Healing Within (Tonya Bassett's trauma intensives) | www.Healingwithin-recovery.org

# **CERTIFICATIONS:** Licensed Professional Counselor (LPC)

Licensed Clinical Professional Counselor (LCPC) Licensed Marriage Family Therapist (LMFT) Licensed Clinical Social Worker (LCSW) Certified Sex Addiction Therapist (CSAT) Certified Multiple Addiction Therapist (CMAT)

Eye Movement Desensitization & Reprocessing (EMDR)

Dialectical Behavior Therapy(DBT)

National Association of Cognitive Behavioral Therapy (NACBT)

Music Therapist – Board Certified (MT-BC)

