



WHEN YOU DATED IN HIGH SCHOOL, IT WAS CALLED "GOING OUT."

Because that's exactly what you did with one another—you went out some place and had fun. But in marriage, date night came quickly become "staying in." Not that there's anything wrong with that. It's just that tonight, you need to take each other out somewhere on a date.

GROUND RULES

- YOU'RE NOT ALLOWED to discuss work, kids, money, or socks on the floor. That would spoil the fun.
- MAKE SURE YOU follow the instructions provided. You might be tempted to just go out to dinner and then call it a night. By using these instructions, you just might experience something a little different. Who knows, you might even laugh a little.
- **ENJOY TIME WITH EACH OTHER!** Before leaving to head out on your date, take a "couplie" (like a selfie with two people), and post it to social media using the hashtag **#MPdate.** After that, put your phone away so it doesn't become a distraction.

STARTERS Get Ready

Get ready to get out of the house. Put on some clothes that you wouldn't mind being seen wearing in public. Act like you're still trying to impress your spouse.

Now, pick out a place to go eat. It could be a fancy restaurant or your favorite spot. You could even order take-out, but you have to eat it somewhere else other than home. As you drive to the restaurant, play a game of "WOULD YOU RATHER?" and listen to this Spotify playlist: marriedpeople.org/TakeOutDate

"Would Your Rather"

- Vacation in the mountains or at the beach?
- Not eat sweets for a week or not eat meat for a week?
- Go a week without showering or a week without brushing your teeth?
- Have more time or more money?
- Be able to change the past or see into the future?
- 🔪 Be in constant pain or have a constant itch?

MAIN COURSE Go Out



One of the best parts of dating is all about getting to know each other just a little bit more. Even if you know your spouse pretty well already, that's still the goal of going out on a date. So, ask each other these questions to get to know your spouse even better.

- What is the top thing on your bucket list?
- What is the best gift you've ever received?
- What was it that first attracted you to me?
- What's the favorite trip we've ever taken?
- What would your perfect date consist of?
- What have I done lately that has made you feel loved?

SIDES Dare Me

Are you ready to get crazy? Ready to go out on a limb and make this night memorable? Dare one another to do one of the following. These are totally optional, but it might be fun to try.

- Pretend like you know a stranger. Go up to a random person and say something like: "Bob, remember me? We went to high school together. Mrs. Smith's English class? Remember?"
- Pretend like you're the manager at the restaurant. Go up to another table and ask the people how they're enjoying their meal.
- Pretend like you're a tourist from another country. Take a photo with a stranger because you want to "get to know the locals."



Over dessert, fill in the fortune cookie strip below. Write it or say it, just make sure you let your spouse know how fortunate you are to be married to them.

